

Ellen White & meat eating

Elder L. E. Froom - page 2

year after the decision to ban flesh food from her table,

February 19, 1957

"not a particle of the flesh of animals is placed on our table."--Counsels on Diet and Foods, p. 488.

We have her statement, written in 1903, on page 480: "I use no meat." And in 1906 at the General Conference, Ellen White said:

Elder L. E. Froom  
c/o West Australian Conference  
48 Havelock Street  
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Australia

Dear Brother Froom:

Among my unanswered letters is yours written January 17. I am very sorry if anything in Elder Nichol's book should lead to perplexity or lost confidence. You say that there seems to be an attempt to establish verbal infallibility. Brother Nichol does not hold to infallibility, nor to verbal inspiration. This he makes clear in his book. I am a bit perplexed to know just what is meant by those being disturbed on this point. We can talk it over when you get back.

We sent you material on "The Triumph of the Remnant Church."

Now as to the question from Elder Battye. I think his memory is not very accurate. He speaks of Ellen White being there in 1903. She left Australia in 1900. While Ellen White adopted a vegetarian program after the health reform vision was given to her in 1863, there were times as she traveled, or when it was difficult to get adequate food otherwise, that she used some flesh food; in other words, the Whites were vegetarians long before they were teetotalers. According to our records, Ellen White did not use flesh food after the year 1894. We find this reference to her experience in Counsels on Diet and Foods, page 488:

"Since the camp meeting at Brighton (January, 1894) I have absolutely banished meat from my table. It is an understanding that whether I am at home or abroad, nothing of this kind is to be used in my family, or come upon my table."

In the next year she wrote,

"We have a large family, and besides have many guests, but neither meat nor butter is placed upon our table."--Counsels on Diet and Foods, page 488.

On the same page we find a statement about her experience the second

year after the decision to ban flesh food from her table,

"Not a particle of the flesh of animals is placed on our table."--Counsels on Diet and Foods, p. 488.

We have her statement, written in 1903, on page 490: "I use no meat." And in 1909, at the General Conference, Ellen White said:

"It is reported by some that I have not followed the principles of health reform as I have advocated them with my pen; but I can say that I have been a faithful health reformer. Those who have been members of my family know that this is true."--Counsels on Diet and Foods, page 494; Vol. 9, page 159. <

It is altogether possible that early in her experience in Australia, Ellen White may have used some flesh food, but I think this must be nearer the year 1893 rather than the year 1903.

It is good to hear from you, Brother Froom. May the Lord bless you in your work.

Sincerely your brother,

We sent you material on "The Triumph of the Remnant Church."

Arthur L. White, Secretary  
ELLEN G. WHITE PUBLICATIONS

ALW: In 1900, Ellen White adopted a vegetarian program in Australia. The health reform vision was given to her in 1863, there were times as she traveled, or when it was difficult to get adequate food otherwise, that she used some flesh food; in other words, the Whites were vegetarians long before they were teetotalers. According to our records, Ellen White did not use flesh food after the year 1891. We find this reference to her experience in Counsels on Diet and Foods, page 488:

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