

Ice Cream

November 29, 1955

Pacific Union College
Angwin, California

Dear Brother

You ask for us to send you all the material we can on cheese and ice cream.

As to cheese, I would direct your attention to a mimeographed statement which you will find enclosed. It may be of some service to you.

As to ice cream, the only references I know of from Sister White's pen are to be found in the book Counsels on Diet and Foods. You will find these on pages 329, 331, and 332. In your study of ice cream it would be well to take into account Sister White's statements about combining large quantities of milk and sugar. You will find such statements in Counsels on Diet and Foods, pages 113 and 333.

You will observe that the references to ice cream deal primarily with its use at a time other than the regular meal hour, and concerning extravagance. You will find the book Counsels on Diet and Foods very helpful in that it brings together the whole body of Spirit of prophecy teaching on the specific items which are presented.

If you care to go into a study of the statements made by Sister White concerning the discontinuance of the use of dairy products, let us know and we shall send you another mimeographed document which relates to that topic.

Sincerely your brother,

Arthur L. White, Secretary
ELLEN G. WHITE PUBLICATIONS

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Enclosure