

Q + A - cheese

22-C-1

January 25, 1957

Mountain Sanitarium
Fletcher, North Carolina

Dear Sister

I have your letter, written January 16, in which you ask concerning pasteurized cheese. I am enclosing a document which I think will answer your questions from several angles, and I think will probably give you the help you need. While the matter of the use of pasteurized cheese must be left ultimately with the dietitians and with the consciences of our people, yet we find there are many careful Seventh-day Adventists who feel that with pasteurization they are at liberty to use cheese in modest amounts. Unquestionably, contamination was a big factor in the matter of cheese. Of course, there were other factors.

Cottage cheese Ellen White considered useful and wholesome as an article of food. It passed more quickly from production to consumption. Cream cheese was unknown in her day, but we would understand that it is in the class with cottage cheese.

You are quite right in the responsibility you carry in furnishing the food to the school family there at Fletcher. As I visit our institutions here and there, I am amazed at the very fine work which is being done in providing an adequate, wholesome, appetizing diet. May the Lord bless you in your work there.

Sincerely your brother,

Arthur L. White, Secretary
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Encl.